



CATERING INFORMATION

It gives us great pleasure to welcome you to Birchwood High School's Catering Department. I hope you will see that our aim is to provide fresh, high-quality food, delivered and prepared daily, using local suppliers.

We recognise the importance of implementing the Government's School Food Plan for school lunches, in order to provide vital steps in fighting child obesity. Together with lessons in Science, Food Technology and PE, we aim to encourage our students to lead healthy lifestyles.

We are proud to announce Birchwood High School was awarded 'Healthy School' status and gained five stars in the latest Environmental Health inspection (May 2024).

Meal Deals

Our daily menu includes a traditional main meal with vegetables, a vegetarian choice, pasta with sauces, wraps, sandwiches, salads and jacket potatoes with a choice of filling.

For dessert, we offer a wide range of fresh fruit and homemade puddings cakes and cookies.

Café - Cashless Catering

There is a daily maximum spending limit of £9.00 for all students. The Café does not accept cash, students must use their PIN number and top-ups are made using ParentPay.

Food Allergies & Intolerances

All menus will have food allergens printed on them or students can go to the **Café Help Desk** where advice is available.

Please note that we produce food in a kitchen where allergens are handled and while we try to keep food separate, we cannot guarantee that any item is allergy free.





EXAMPLE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Pasta bolognese with garlic bread, carrots and peas.	Jerk chicken and rice with peas and sweetcorn	Lamb kofta in folded flatbread served with cous cous, roasted butternut squash and broccoli	Honey roast gammon, roast potatoes and GF gravy with green beans, carrots and Yorkshire pudding.	Beef burger and chips with peas and baked beans
VEGETARIAN OPTION				
Quorn pasta bolognese with garlic bread, carrots and peas.	Jerk sweet potato and black bean curry with rice, peas and sweetcorn.	Vegetable tagine in folded flatbread served with cous cous, roasted butternut squash and broccoli.	Stuffed pepper, roast potatoes and GF gravy with green beans, carrots and Yorkshire pudding.	Halloumi burger and chips with peas and baked beans
JACKET POTATO BAR				
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw
PASTA KING				
Pasta with a choice of chicken bites, vegetarian or meat sauce and grated cheese	Pasta with a choice of chicken bites, vegetarian or meat sauce and grated cheese.	Pasta with a choice of chicken bites, vegetarian or meat sauce and grated cheese.	Pasta with a choice of chicken bites, vegetarian or meat sauce and grated cheese.	Pasta with a choice of chicken bites, vegetarian or meat sauce and grated cheese.