

Course Level

A Level

Awarding Body

OCR

Entry Requirements

Grade 5 in GCSE PE or Grade 6 in Science including Biology.

Assessment

Three written exams – (1 x 2 hour & 2 x 1 hour)

Practical assessment in one activity

Evaluation and Analysis of Performance for Improvement (EAPI) for chosen practical activity.

PHYSICAL EDUCATION

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The A Level encourages students to:

- Foster an understanding of the historical, cultural and sociological factors underpinning sport and physical education.
- Gain an understanding of the physiological and mechanical basis of sport and physical education.
- Develop an understanding of psychological factors influencing behaviour.
- Develop knowledge and skills in selected physical activities.

The three sections for the written exam are:

- Applied Anatomy & Physiology / Exercise Physiology / Biomechanics
- Skill acquisition / Sports Psychology
- Socio-cultural issues / Sport & Society / Contemporary issues

Special Requirements

Students are expected to be participating in physical activities at an appropriate level outside of school.

Career and Progression Opportunities

The specifications provide a suitable foundation for specialist study in both Physical Education and Sports Studies in higher education and are also suitable qualifications for other areas of study. The specifications provide an excellent foundation for students intending to pursue careers in Teaching and Coaching, Sports Development, the Leisure Industry, Recreational Management, Health, Leisure and Fitness and Professional Sport.

Link to specification: <http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/>