KS4 PE Core Curriculum Map 2025/2026

| | Autumn - Girls | Autumn - Boys | Spring - Girls | Spring - Boys | Summer - Girls | Summer - Boys |
|----|--|--|--|--|---|--|
| 10 | Basketball Netball Fitness Badminton Just Dance | Rugby Basketball Football Fitness / running activities | Basketball Netball Fitness Badminton Just Dance Yoga* | Football Hockey Badminton Fitness / running activities | Athletics Cricket Rounders Tennis | Athletics Cricket Softball Tennis |
| 11 | Students get to choose from activities; Football; Netball; Rugby Bootcamp; Fitness; Yoga; Bootcamp; Couch to 5K; Boxing Badminton; Basketball; Volleyball Volleyball; Unihoc | | Students get to choose from activities; Football; Netball; Rugby Bootcamp; Fitness; Yoga; Bootcamp; Couch to 5K; Boxing Badminton; Basketball; Volleyball Volleyball; Unihoc | | Students get to choose from activities; Football; Netball Fitness; Yoga; Bootcamp Badminton; Basketball Rounders; Cricket | |